

## JUNIOR GOLF TEAM PROGRAMS

### NC - New Competitor Team

New Competitor (NC) program offers athletes aged 10 - 13 a comprehensive golf coaching program with the goal of exposing the athlete to more advanced golf coaching principles and introductory level competition. The program will have structured team practice, individual coaching, and on-course play. This program will also cover all nutrition, tournament preparation, tournament planning and basic physical elements in developing NC athletes. Levels 5-6 in Golf Canada's LTPD Guide for golf.

- Team practices: Saturday Afternoons 2:30 pm - 4:00 pm (15 Sessions)
  - Dates: May 7, 21, 28, June 4, 11, 25, July 9, 23, 30, Aug, 6, 13, 20, Sept 10, 17, 24
- On Course Play Days (Junior League) 10 Sessions
  - Dates: 9 Holes: May 6, 13, June 3, 10, Sept 16, 23 (6 - 8 pm)
  - 18 Holes: July 8, 29, Aug 5, Sept 2 (4:30 - 9 pm)
- 10 Individual 50 minute Coaching Sessions \*Based on Athlete and Coach Availability\*
- Cost: **\$1,300** plus hst (fundraising opportunities available)  
\*Contact for more information\*

### DC - Developing Competitor (Development Team)

Developing Competitor (DC) is designed for athletes aged 14 – 16 and are coached to refine golf fundamentals, athletic abilities and are typically prepared for performance at regional and provincial level competitions. The program will include team practices, individual coaching and on course play. This program will also cover all nutrition, tournament preparation, tournament planning and basic physical elements in developing DC athletes. Level 7 in Golf Canada's Long Term Player Development (LTPD) guide for golf.

- Team practices: Tuesday Evenings 5:00 pm - 6:30 pm (19 Sessions)
  - Dates: May 3, 10, 17, 24, 31, June, 7, 14, 21, 28, July, 5, 12, 26, Aug, 2, 9, 16, Sept, 6, 13, 20, 27
- On Course Play Days (Junior League) 10 Sessions
  - Dates: 9 Holes: May 6, 13, June 3, 10, Sept 16, 23 (6-8pm)
  - 18 Holes: July 8, 29, Aug 5, Sept 2 (4:30-9pm)
- 10 Individual 50 minute Coaching Sessions: \*Based on Athlete and Coach Availability\*
- Cost: **\$1,600** plus hst (fundraising opportunities available)  
\*Contact for more information\*

### AC - Advanced Competitor (Elite Team)

Advanced Competitor (AC) is designed for 17 – 18 year old athletes who are looking to play in provincial, national, and international competition and have aspirations of playing collegiate level golf in Canada or the United States. The program will include team practices, individual coaching and on course play. This program will also cover all nutrition, tournament preparation, tournament planning and basic physical elements in developing AC athletes. Level 7 in Golf Canada's Long Term Player Development (LTPD) guide for golf.

- Team practices: Tuesday Evenings 7:00 pm - 8:30 pm (19 Sessions)
  - Dates: May 3, 10, 17, 24, 31, June, 7, 14, 21, 28, July, 5, 12, 26, Aug, 2, 9, 16, Sept, 6, 13, 20, 27
- On Course Play Days (Junior League) 10 Sessions
  - Dates: 9 Holes: May 6, 13, June 3, 10, Sept 16, 23 (6 - 8pm)
  - 18 Holes: July 8, 29, Aug 5, Sept 2 (4:30 - 9pm)
- 10 Individual 50 minute Coaching Sessions: \*Based on Athlete and Coach Availability\*
- Cost: **\$1,600** plus hst (fundraising opportunities available)  
\*Contact for more information\*

For information, contact Dustin Wilson, Director of Instruction & Head Coach, Core Golf Academy at Whitewater Golf 807-630-GOLF (4653) or visit [www.coregolfacademy.com](http://www.coregolfacademy.com)

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### CPGA Director of Instruction and Head Coach Dustin Wilson Bio

Dustin Wilson is the Director of Instruction and Head Coach for the Core Golf Academy at the Whitewater Golf Club. Dustin has tremendous passion for the game and focus to excel as a coach and offer the highest level instruction available in the Thunder Bay community. At the age of 19 he moved to the GTA from Thunder Bay to start his golf career. In that year he became a member of the CPGA becoming one of the youngest Professionals not only in Ontario, but the Country. He is also a graduate of the Professional Golf Management Program at Georgian College.

During the last 10 years Dustin has had the opportunity to work for some of the finest golf courses that Ontario and Canada has to offer. These experiences have led Dustin to his successes as a business person within the industry and now as a coach for a world class golf academy. He has had the opportunity to work along side some of the top teaching professionals in the industry while gaining the knowledge to offer exceptional coaching programs.

His mentors among a few are all of the coaches at the Core Golf Junior Academy in Orlando, Florida. They have all taught him what it takes to become successful and most importantly, help your students improve and enjoy the game. His highlight of his coaching career is working with Sean Foley and Dr. Craig Davies PGA tour coaches. He has learned from them over the years on how to coach individuals and not “one swing” also, implementing all aspects of the game when coaching. There are many different ways to swing a golf club but by understanding the “cause and effect” approach to body movement and what works best within that students abilities or physical limitations have led Dustin to excel as a coach.

With Dustin’s return home to “Thunder Bay” and his experiences over the years he is very excited to open a Core Golf Academy in the Community. In the last few years he has dedicated his programs to growing the game of golf and most importantly mentoring Junior Golfers. He was nominated for Ontario Professional Golfers Association teacher of the year for junior golfers in 2009 and 2010. In 2010 he had the honor of being recognized as a finalist for this award from the Ontario PGA and his dedication to junior Golf. He was also nominated for 2010 Developmental Junior Golf Coach of the year by the Golf Association of Ontario (GAO).

#### Highlights and Qualifications:

- Canadian PGA Class A Professional
- TCCP Levels 1-4 Teaching and Coaching Certification
- CNC (Coach New Competitor) Trained
- 2009, 2010 Ontario PGA Teacher of the Year for Junior Golfers Nominee and Finalist
- 2010 GAO Developmental Coach of the Year Nominee
- Turned Professional at the age of 19 becoming one of the youngest in Canada
- Worked with PGA Tour Coaches Sean Foley, Dr. Craig Davies and Neale Smith
- GAO Certified Golf Developmental Centre Head Coach



For information, contact Dustin Wilson, Director of Instruction & Head Coach, Core Golf Academy at Whitewater Golf 807-630-GOLF (4653), email [dwilson@coregolfacademy.com](mailto:dwilson@coregolfacademy.com) or visit [www.coregolfacademy.com](http://www.coregolfacademy.com) or [www.whitewatergolf.com](http://www.whitewatergolf.com)



Certified Golf Development Centre

